Annmarie's Macaroons

I love getting my hands dirty and I love chocolate ;-)
This is a fun recipe to make with your kids!!

Ingredients:

3 cups shaved coconut
1 1/2 cup cacao powder
1/2 cup honey*
1/4 cup coconut oil*
Pinch of sea salt

Instructions:

Combine all ingredients in big bowl.
Get some love and mix it well with your hands.
Put in the fridge for 20 minutes, scoop out the mix with a ice cream scooper and put on a dehydrator tray.
Dehydrate for 1-2 hours. (Or if you can't wait, just dig in!)

*to manage the mixture better, soften up the coconut oil and honey by putting them in a jar and placing in a bowl of warm water. It will soften in minutes!

Goes great with a glass of Nut Milk!

Ingredients can be found at www.RenegadeHealthStore.com